



Code of Conduct for Athletes

SEASON X • 2026/2027

Document	Code of Conduct	Effective	September 2026
Owner	Black Ice Academy Directors	Review	September 2027

This code helps every athlete train, compete and represent Black Ice Academy safely, respectfully and positively. Expectations should be applied in a way that is appropriate to the athlete's age and understanding.

Athletes are expected to

- Arrive on time and ready to train. A parent/carer should notify BIA if an athlete will be late or absent.
- Wear the required training kit, suitable cheer shoes/trainers, secure long hair and remove jewellery in line with safety rules.
- Follow coaches' safety instructions and the rules of cheerleading, competitions and venues.
- Treat teammates, opponents, coaches, officials, volunteers and families with respect. Bullying, harassment, discriminatory language, sexual harassment, threats, spitting or deliberate intimidation are not acceptable.
- Use social media and group chats responsibly and never use them to bully, exclude, threaten, embarrass or share inappropriate content about another person.
- Tell a coach if they are injured, unwell, feel unsafe, or need an adjustment before or during training. Athletes will not be pressured to perform through injury or distress.
- Ask questions respectfully. Athletes are allowed to raise safety or welfare concerns at any time and will be listened to.
- Try their best within their current capability and respect their own and others' progress.
- Look after venues and equipment, keep belongings tidy and dispose of rubbish.
- Not smoke, vape, drink alcohol, use illegal drugs or misuse substances while participating in or representing BIA.

No athlete will be penalised for reporting a safeguarding concern, injury, bullying, discrimination or unsafe practice. A child can speak to any trusted coach or Director.

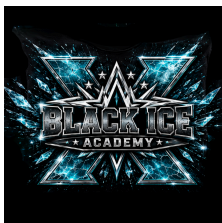
Parents and carers

Where an athlete is too young or not yet able to manage an expectation independently, parents/carers should support them, for example with attendance, kit, medication information and communication.

Legal and guidance framework

This document should be read alongside Black Ice Academy's other safeguarding and safety procedures. It is aligned to the following legislation and guidance current at September 2026:

- Working Together to Safeguard Children 2026
- Equality Act 2010
- Black Ice Academy Safeguarding and Child Protection Policy
- Black Ice Academy Anti-Bullying Policy



Approval and review

Approved by	Kathryn Thompson and Victoria Worley, Directors
Effective from	September 2026
Next scheduled review	September 2027
Earlier review	Following a serious incident, material legal/guidance change, or significant change to academy operations